

# TRUE

# TRUE

## Self-Test Log Book

### For Recording

- Blood Glucose Test Results
- Insulin and Medication Doses
- Notes

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- Record each test result in your log book.

**Name**

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**Phone Number**

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**Address**

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**E-mail Address**

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**Doctor**

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**Diabetes Educator**

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**Dietician**

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**Podiatrist**

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**Emergency Contact**

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