Checking Your Blood Glucose Using TRUE METRIX AIR

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components

Front

M 08:30
102
mg /dL

TRUE METRIX AIR

M 08:30
5.7
mmol/ L

TRUE AIR

Display

Strip Release Button

Test Port

Test Strip

Contact End (black blocks facing up)

Sample Tip

Back

Battery Compartment

Meter Labels

Data Contacts

Blood Glucose Testing

1 Wash your hands with warm, soapy water.

2 Remove test strip from vial and close vial immediately. Insert Test Strip into Test Port with Contact End (blocks facing up). The Meter turns on.

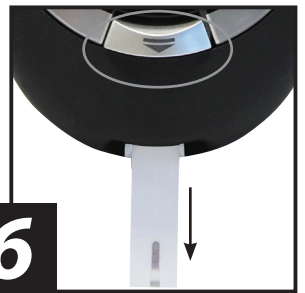**3** Lance your finger. For single patient use only.

4 With Test Strip still in Meter, touch Sample Tip to top of blood drop and allow blood to be drawn into Test Strip. Remove from blood drop immediately after Meter beeps and dashes appear across Meter Display.

5 In as fast as 4 seconds, glucose result will be displayed with time.

08:30
102
mg /dL

TRUE METRIX AIR

08:30
5.7
mmol/ L

TRUE AIR

6 Hold Meter with Test Strip pointing down. Press Strip Release Button to discard Test Strip in the appropriate container.

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Blood" section in the Owner's Booklet.

Trividia Health, Inc.
2400 N.W. 55th Court
Fort Lauderdale, FL 33309 U.S.A.