

Checking Your Blood Glucose Using TRUE METRIX GO

A guide for testing your blood glucose

Simple Steps to Test Your Blood Glucose

Meter, Test Strips & System Components



***Trying to recharge the battery or power the meter by plugging into an adaptor or an electrical outlet may cause meter to catch on fire and/or battery may explode.**

****USB Port For Data Download Only DO NOT use to charge battery or meter.**

Blood Glucose Testing



1

Wash your hands with warm, soapy water.




2

Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with Contact End (blocks facing up). The Meter turns on.



3

Lance your finger. For single patient use only. 



4

With Test Strip still in Meter, touch Sample Tip to top of blood drop and allow blood to be drawn into Test Strip. Remove from blood drop immediately after dashes appear across Meter Display.




5

In as fast as 4 seconds, glucose result will be displayed. Discard Test Strip in the appropriate container.



Changing Battery



Turn Meter over until the Meter label is facing up. Look for Battery Tray symbol  on Meter label and pull Battery Tray out until battery is exposed. Replace battery.

***Meter uses CR2032 non-rechargeable battery**

This guide provides a brief overview on testing your blood glucose. If you need information about setting up your Meter with correct date and time, consult the "Getting Started" section of Owner's Booklet. For more detailed information on complete blood glucose testing procedure, consult "Testing Blood" section in the Owner's Booklet.